

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY
SAULT STE MARIE, ON



COURSE OUTLINE

Course Title: Health and Healing II

Code No.: NUR122

Semester:

Program: Nursing and Practical Nursing

Author: Leslie Foster, Brenda Warnock

Date: January, 1998

Previous Outline Date: June, 1996

Approved:

A handwritten signature in black ink, appearing to read "Donna Tremblay".

Dean

Date

Total Credits: 3

Prerequisite(s): NUR110, NUR113, NUR112,
NUR113, BIO106

Length of Course: 3 Hrs/AVk

Total Credit Hours: 42

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For additional Information, please contact Donna Tremblay, School of Health Sciences, Human
Sciences and Teacher Education, (70S) 759-2554, Ext 690.

COURSE NAME

CODE

1. COURSE DESCRIPTION:

The student will study the concept of gerontology. Theories of aging and the aging process will be examined as they relate to the health, wellness and healing of the older adult. Learning activities related to health and healing promotion will enable students to care for the older adult in the practice setting.

n, LEARNING OUTCOMES:

Upon successful completion of this course the student will demonstrate the ability to:

1. promote the concept of aging as a normal healthy process.
2. examine personal attitudes and values toward the elderly.
3. analyze theories of aging using problem solving and critical thinking skills.
4. develop and practice oral communication and interpersonal skills necessary to establish and maintain a helping and caring relationship with the elderly and their families.
5. design tools to assess physical and psychosocial needs of the well and frail elderly
6. describe common health issues and contributing factors of the well and frail elderly
7. plan nursing actions to support and promote health and healing in the well and frail elderly.
8. communicate clearly, concisely and correctly in the written, spoken and visual form that fulfills the purpose and meets the needs of audiences.
9. interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.

COURSE NAME

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m. TOPICS:

- attitudes, myths, realities
- demographics
- terms, definitions
- process of aging - physical, sociological, psychological, spiritual changes
 - developmental needs
- theories of aging

Wdlngss Promotion and Aging

- review of change theory, teaching/learning principles, adapting wellness promotion to meet the needs of the elderly
- health issues of the well elderly: assessment, contributing factors, health teaching needs
 - physical, emotional, cognitive, psychological, spiritual needs
 - environmental (housing, transportation, safety)
- life closure (death and dying)

Healing and the Frail EWcriy

- community options/resources to support fi^ail elderly
- needs of frail elderly: assessment, contributing factors, healing practices

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Kozier, B., Erb, G., Blais, K, & Wilkinson, J. (1995). Fundamentals of T^WSing Concepts, Process and Practice (5th ed.). Redwood City, CA: Addison Wesley Nursing

Smeltzer, S. & Bare, B. (1996V Bmnner & Suddarth's Textbook of Medical-Surgical Nursing (8th ed.). Toronto: Lippincott.

Health & Healing II Student Resource Package, 1997-98.

COURSE NAME

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GRADING SCHEME:

B	Consistently above average achievement	= (70 - 79%)
C	Satisfactory or acceptable achievement in all areas subject to assessment	= (60 - 69%)
S	Satisfactory achievement used only at midterm	
U	Unsatisfactory achievement used only at midterm	
X	A temporary grade that is limited to instances where extenuating special circumstances have prevented the student from completing outcomes by the end of the semester. An "X" grade must have the Dean's approval and gives a student additional time to complete course requirements.	
R	Repeat. The student has not achieved the objectives of the course and the course must be repeated.	

VI. SPECIAL NOTES:

- Special Needs
If you are a student with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493, 717, 491 so that support services can be arranged for you.
- Retention of Course Outlines
It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.
- Disclaimer
Faculty reserves the right to modify the course as she/he deems necessary to meet the needs of the students.
- Substitute Course Information is available at the Registrar's Office.
- Academic Dishonesty
This includes plagiarism as well as any deliberate attempt to gain unfair advantage academically for oneself or others. Dishonest practices include fabrication of data, cheating, or the uttering of false statements relating to academic work by a student. Plagiarism can be defined as 'taking the ideas and works of another and stating them as your own. In a short, ugly word, it is stealing. When you use an idea new to you, whether you express it in your own words or in quoted words, state your indebtedness...In general, it is permissible and even necessary to borrow, but always indicate who the lender is' (Shaw, H., 1986, Handbook of English, 4th Canadian Edition, McGraw-Hill Ryerson Ltd., Toronto).

VI. SPECIAL NOTES (Continued)

Plagiarism should be distinguished from cooperation and collaboration. Often, students may be permitted or expected to work on assignments collectively, and to present the results whether collectively or separately. This is not a problem so long as it is clearly understood whose work is being presented, for example, by way of formal acknowledgement or by foot-noting.

In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced and to credit the author of the material, the documentation format for referencing source material will be defined by the professor. Refer to ENG120 for full information.

Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course, as may be decided by the professor. See Sault College Student Handbook re: Academic Dishonesty.

Vn. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.